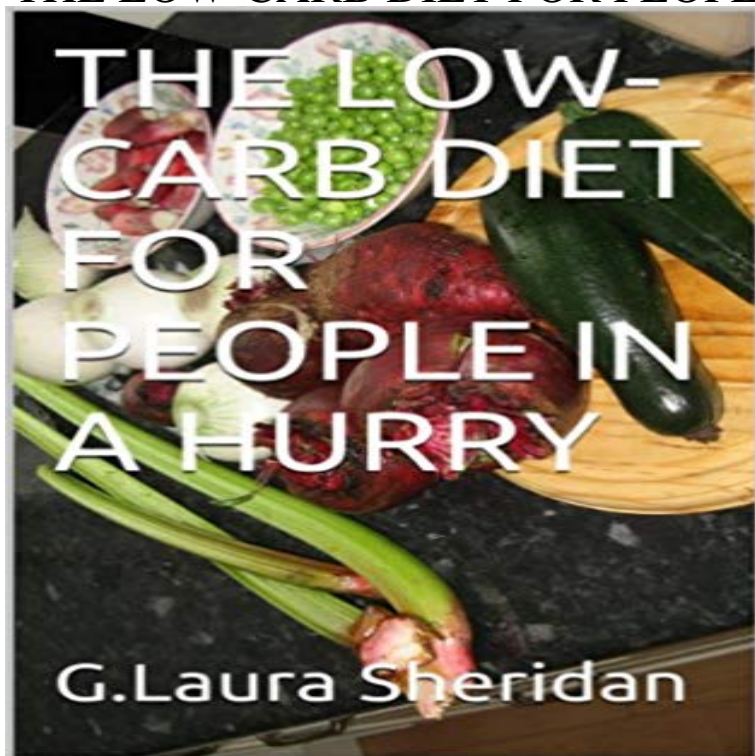


## THE LOW-CARB DIET FOR PEOPLE IN A HURRY



A very short guide to low-carb dieting.

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