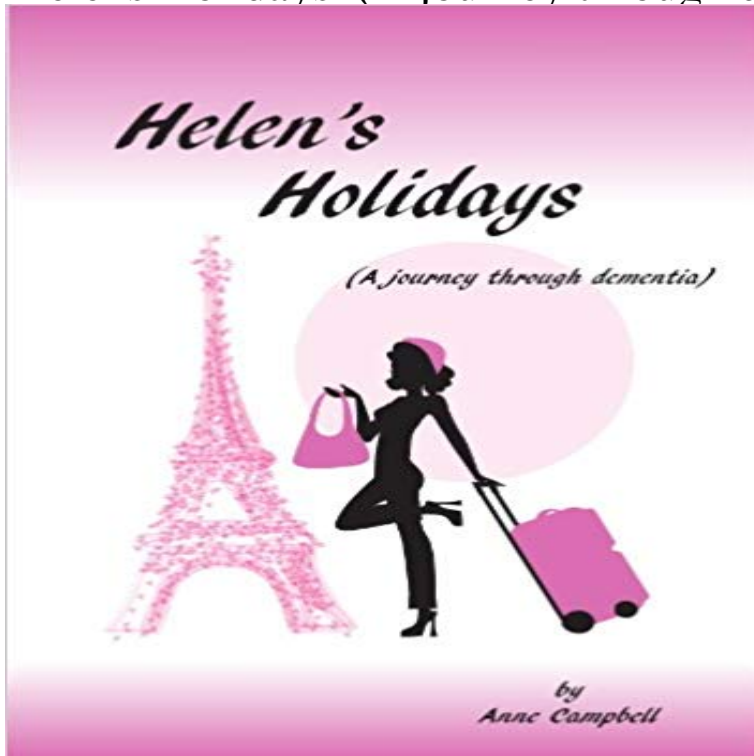


Helens Holidays (A journey through dementia)



Helen is 84 years old; she is blonde, pretty and beautifully dressed - and she has dementia. She is adamant that she is NEVER going into a Nursing Home and that she does NOT have dementia. A very frank account of one carer's experiences over 5 years of trying to keep up with her mother Helen who just doesn't fit the guidelines. Helen wants to be independent, to go out all day every day, to have fun and to go on holidays instead of being stuck at home or going in for respite care. The realisation comes to Anne that not all dementia patients progress in the same way or at the same speed or even along the same path and that there are no rules for dementia. Along the way as Helen's memory deteriorates, Anne finds that dementia is a journey for both of them - the sufferer and the carer have no choice but to go along with it and see what happens. Is it better to spend years in a Nursing Home or to take a few risks in the public arena? Can a person with dementia make a new will? Does having Enduring Power of Attorney mean the family can make financial decisions? Is it safe to allow a dementia patient to have some freedom? Can a dementia sufferer manage to live almost independently at home? Logic has no part in caring for dementia; Helen's years of independence and her determination to solve her own problems result in some eye-opening situations which keep Anne on the run.

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