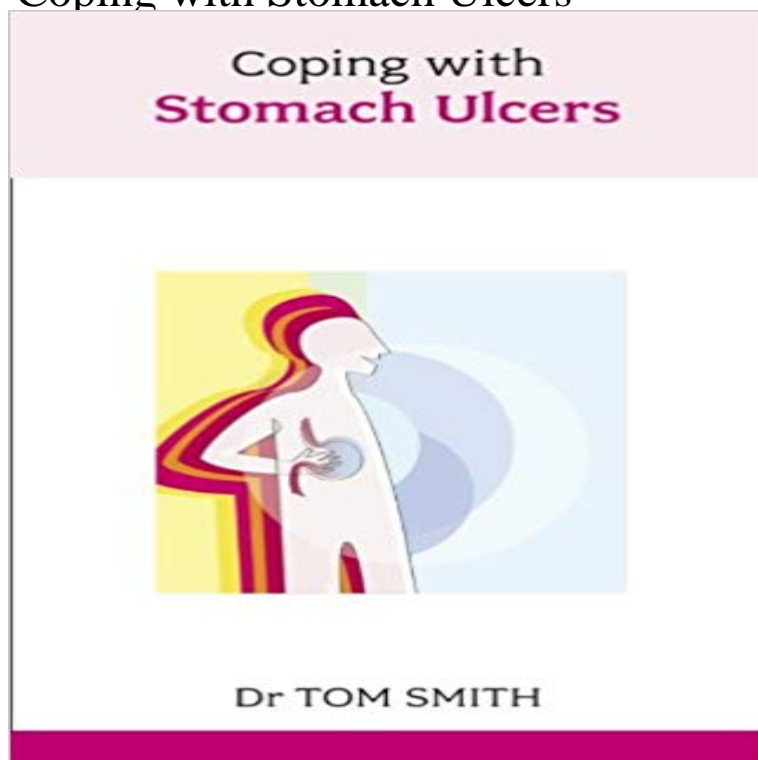


## Coping with Stomach Ulcers



Stomach ulcers are common, affecting one in seven in the UK. The new edition of *Coping with Stomach Ulcers* looks at the latest thinking about the causes and treatment of ulcers, including the role of the *Helicobacter pylori* bacterium. It explains your treatment options, including antibiotics, and any further investigation that may be required. Lifestyle changes and stress management techniques are also covered.

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