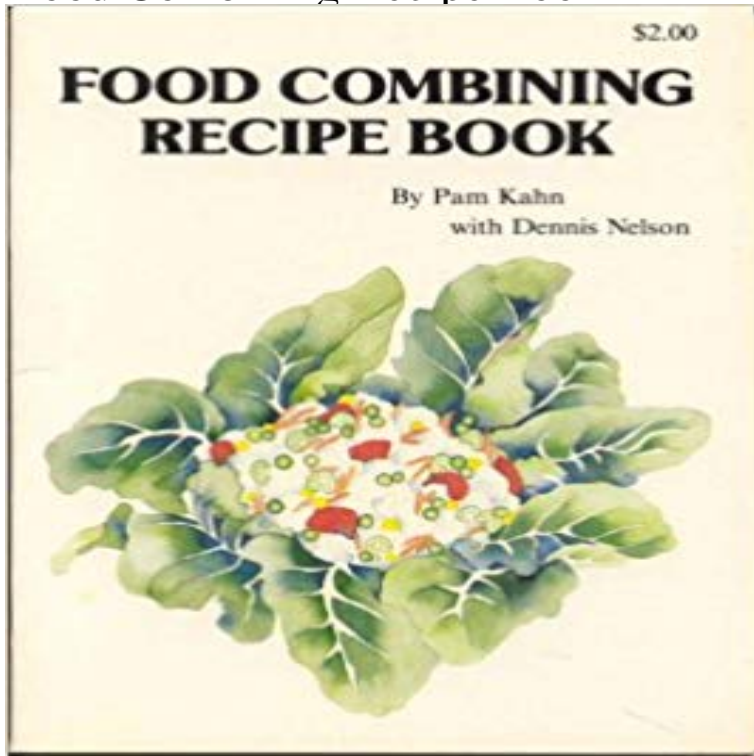


Food Combining Recipe Book



True vegetarian, now called vegan, recipes which use food combining for better digestion. Co-authored by Dennis Nelson, who wrote Food Combining Simplified and Maximizing Your Nutrition. Actual size is 4.25x5.5.

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